



# UC Volunteer News

UC Regional Health Office  
1100 England Drive  
Cookeville, TN 38501

Upper Cumberland Tennessee Regional  
Medical Reserve Corps

Contact Dawn Hickey, MRC Coordinator, at (931) 520-4208 or by email at [Dawn.Hickey@tn.gov](mailto:Dawn.Hickey@tn.gov) with any questions or with any changes to your contact information including phone number, email address, or mailing address.

January 2026

## 2026 MRC Training Calendar

**MRC Leadership Team Meeting** – Friday, February 6, 11:00 a.m. to 1:00 p.m. at the Upper Cumberland Regional Health Office.

**Introduction to Mental Health Preparedness Training** – Thursday, March 26, 11:00 a.m. to 12:00 p.m. via Zoom meeting.

**Pet Preparedness Lunch and Learn** – Tuesday, April 21, 11:00 a.m. to 1:00 p.m. at the Upper Cumberland Regional Health Office.

**Introduction to Incident Command (IS-100)** - Thursday, June 25, 11:00 a.m. to 12:00 p.m. via Zoom meeting.

**National Incident Management System (IS-700)** – Thursday, August 20, 11:00 a.m. to 12:00 p.m. via Zoom meeting.

**Upper Cumberland Emergency Preparedness Expo** - Saturday, September 12<sup>th</sup>, 10:00 a.m. to 2:00 p.m. Location to be announced.

**First Aid Training Lunch and Learn** – Thursday, September 24, 11:00 a.m. to 1:00 p.m. at the Upper Cumberland Regional Health Office.

**Incident Command and Mental Health Preparedness Training** – Thursday, October 22, 8:30 to 11:30 a.m. via Zoom meeting.

**Mental Health First Aid Training for Adults** – To Be Announced

To register for any of these training opportunities, please email [Dawn.Hickey@tn.gov](mailto:Dawn.Hickey@tn.gov).

## MRC Volunteer Identification Card

All volunteers will receive their 2026 MRC Volunteer Identification Card through the mail during the month of January. This identification card allows volunteers through security during a public health event where the MRC has been deployed. It is important for volunteers to not self-deploy during an event. Volunteers will be notified via text, phone, and email of any request for assistance from the MRC unit. Only pre-identified, documented volunteers with a current MRC Volunteer Identification who have been asked to report for duty by the MRC Coordinator will be allowed through security. This identification is only to be used to gain entrance to the work site. Once a volunteer has been deployed and reported to the requested work site, each volunteer will receive an MRC Identification Badge to be used throughout their deployment.

## MRC In Action



October 2025 Fair Field Glade Get Involved Expo



November 2025 Youth  
Mental Health First Aid Class



October 2025 Senior and Caregiver Expo

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