



UC Volunteer News

UC Regional Health Office
1100 England Drive
Cookeville, TN 38501

Upper Cumberland Tennessee Regional
Medical Reserve Corps

Contact Dawn Hickey, MRC Coordinator, at (931) 520-4208 or by email at Dawn.Hickey@tn.gov with any questions or with any changes to your contact information including phone number, email address, or mailing address.

January 2025

2025 MRC Training Calendar

Mental Health First Aid Training for Adults - March 27, 8:00 a.m. to 4:30 p.m.
at the Upper Cumberland Regional Health Office.

Stop the Bleed Training at Lunch and Learn – Tuesday, April 22, 11:00 a.m. to 1:00 p.m.
at the Upper Cumberland Regional Health Office.

Incident Command and Mental Health Preparedness Training - Thursday, April 24, 8:30 a.m. to 11:00 a.m. via Zoom meeting.

Upper Cumberland Emergency Preparedness Expo - Saturday, September 13th, 10:00 a.m. to 2:00 p.m. Location to be announced.

Hurricane Helene Presentation at Lunch and Learn – Thursday, September 25th, 11:00 a.m. to 1:00 p.m. at the Upper Cumberland Regional Health Office.

Incident Command and Mental Health Preparedness Training – Thursday, October 9th, 8:30 to 11:30 a.m. via Zoom meeting.

Mental Health First Aid Training for Youth - November 20, 8:00 a.m. to 4:30 p.m.
at the Upper Cumberland Regional Health Office.

To register for any of these training opportunities, please email Dawn.Hickey@tn.gov.

MRC Volunteer Identification Card

All volunteers will receive their 2025 MRC Volunteer Identification Card through the mail during the month of January. This identification card allows volunteers through security during a public health event where the MRC has been deployed. It is important for volunteers to not self-deploy during an event. Volunteers will be notified via text, phone, and email of any request for assistance from the MRC unit. Only pre-identified, documented volunteers with a current MRC Volunteer Identification who have been asked to report for duty by the MRC Coordinator will be allowed through security. This identification is only to be used to gain entrance to the work site. Once a volunteer has been deployed and reported to the requested work site, each volunteer will receive an MRC Identification Badge to be used throughout their deployment.

TN MRC Hurricane Helene Response

Situation

- On Friday, September 27, 2024, the remnants of Hurricane Helene stalled over the state of Tennessee causing catastrophic flooding. The storm caused over \$1 billion in damages and 18 deaths in Tennessee.



Intervention

- Tennessee Medical Reserve Corps units were activated and volunteers were deployed to help in the response.
- The State Mental Health Strike Team was also deployed to the area to provide behavioral health support for responders and community members.



Impact

- The Northeast and Sullivan MRC units assisted in shelters/warming centers, a fuel depot center and DART Animal Resource Stations. Between the two MRC units 78 volunteers worked 2,033 hours.
- The East MRC unit assisted at supply and water POD locations, with general clean up, hotline coverage, and organization of donation centers. East MRC unit had 38 volunteers work 459 hours.
- The East MRC unit also assisted with the Crisis Clean Up Line. The unit had 6 volunteers work 59 hours in taking calls from individuals needing assistance from the floods.
- Knox MRC unit assisted in Cocke County including providing assistance with hotline coverage. Knox MRC had 19 volunteers work 120 hours.
- MRC volunteers from Chattanooga, Davidson, Knox, Mid-Cumberland, Southeast, Upper Cumberland and West units deployed as part of the State Mental Health Strike Team. There were 41 volunteers that worked 774 hours.

Total Number of Volunteers: 182

Total Hours Served: 3,445

Total Economic Value: \$100,390.20

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