

Services Offered:

- Baby and Me Tobacco Free
- Breast & Cervical Cancer Screening
- Breastfeeding Peer Counselor
- Certified Birth & Death Certificates
- Certified Lactation Counselor
- Children's Special Services
- CHANT-Community Health Access & Navigation in Tennessee
- Communicable Disease Testing
- COVID Testing & Vaccine
- Dental Services
- Diabetic Collaborative
- Emergency Preparedness
- Environmental Health
- Family Planning
- Flu & Pneumonia Vaccine
- Health Education
- Health Insurance Marketplace Outreach & Enrollment
- Health Promotion
- Health Statistics
- HIV & AIDS Testing & Counseling
- Immunizations
- Lead Screening
- Newborn Genetic Screening
- Nutrition Services
- Paternity Acknowledgement
- Pregnancy Testing
- Primary Care
- School Physicals
- Sexually Transmitted Disease Testing & Treatment
- SIDS
- TB Testing and Treatment
- TennCare Presumptive
- Voter Registration
- TNWIC Supplemental Food Program

CHANT

(Community Health Access and Navigation in Tennessee)

**Identify and Address Risk Factors by providing Care Coordination for Target populations--
Pregnant & Postpartum adolescents & women**

**All children under 5 years of age
TennCare Kids Eligible (Birth – 20 Years)
Children and Youth with Special Healthcare Needs (Birth-21 years)**

Family Planning

Women and men's health exams, birth control & sterilization program.

Immunizations

Provide childhood and recommended adult Immunizations.

Tennessee Breast & Cervical Cancer

Assistance provided to women based on income for diagnosis of breast and/or cervical cancer

TNWIC—Tennessee WIC

Women, Infant, Child

A supplemental nutritional program for pregnant, breastfeeding, and postpartum women, infant and children up to five years.

For breastfeeding support, Certified Lactation Counselors are on staff from 8:00am-4:30pm Monday-Friday

931-528-2531

www.wichealth.org

WIC participants' resource for healthy eating and nutrition education

Primary Care Fees are income based with a \$5.00 min

This institution is an equal opportunity provider.



Community Resource List

Putnam County Health Department

**Office Hours:
Monday – Friday
7:30 am - 4:30 pm**

**Our Mission:
To protect, promote and improve the health and prosperity of people in Tennessee.**

701 County Services Drive
Cookeville TN 38501

Phone
(931) 528-2531

Fax
(931) 526-7451

TN Dept. of Human Services

931-528-7487

www.tn.gov/humanservices.html

Adult Protective Services 888-277-8366

Child Welfare

Child Support Enforcement

Family Assistance (Families First-TANF)

Licensed Day Care Listing

Medicaid/TennCare

SNAP (Formerly Food Stamps)

TN Dept. of Children's Services

931-646-3000 / 877-238-0004

Domestic Violence /Assault

Avalon Center 1-800-641-3434

Child Abuse Hotline 1-877-237-0004

Genesis House 1-800-707-5197

Human Trafficking Hotline 1-888-373-7888

Education

Adult Education 931-528-8685

Putnam Co. Board of Education 931-526-9777

LBJ&C Head Start Adm. Office 931-528-3361

LBJ&C Head Start Algood 931-537-9057

TN Early Intervention (TEIS) 800-852-7157

Food Banks

God's Grace Food Pantry 931-526-2177

Open on Tuesdays 2:30-5:00 p.m.

Helping Hands of Putnam Co. 931-526-3838

Stevens Street Baptist Care Center 931-520-4881

Salem Church 931-372-8733

Other Resources

Chamber of Commerce 931-526-2211

Putnam County Career Center 931-520-8733

Pacesetters 931-432-4045

District Attorney Child Support 931-528-8598

TN Labor & Workforce

(844) 224-5818

<https://www.tn.gov/workforce.html>

Breastfeeding Assistance/Counseling

Tennessee Breastfeeding Hotline

1-855-4BF-MOMS (855-423-6667)

Staffed by International Board Certified Lactation

Consultants (IBCLC)

Available 24/7

For breastfeeding support, Breast Feeding Peer
Counselor and Certified Lactation Counselors are on
staff at the Health Department

from 8:00am-4:30pm Monday-Friday

931-528-2531

Housing/Shelter/ Crisis Intervention

American Red Cross-Nashville 615-250-4300

Dismas House of the Upper Cumberland

931-520-8448

UC Alliance Against Domestic Violence

1-800-707-5197

Highlands/Cookeville Housing Authority 931-526-9793

Cookeville Rescue Mission 931-528-5819

Helping Hands 931-526-3838

Salvation Army 931-520-1654

Transportation

UCARTS/CATS Bus 931-372-8000

Press 2 for Dispatch

TennCare Transportation

Amerigroup/United Healthcare 1-866-680-0633

TN Care Select 1-866-473-7565

Blue Care Middle 855-735-4660

TN Poison Center

1-800-222-1222

Directory of state-operated & state-funded
services for children and families



www.kidcentral.com/

Mental Health

Plateau Mental Health 931-432-4123

PMHC Crisis Line 1-800-704-2651

Cheer Mental Health 931-528-5155

Suicide Prevention: 1-800-273-TALK (8255)

Mental Health Cooperative 866-816-0433

Crisis 855-274-7471

TN Voices 800-670-9882

Substance Abuse

Adult & Teen Challenge of the Upper Cumberland
1-888-688-0470

Alcohol Anonymous 1-800-559-2252

24 Hour Addiction Hotline 1-800-559-9503

Tennessee **REDLINE** 1-800-889-9789

FindHelpNow.org/tn

Power of Putnam 931-520-7531

Upper Cumberland Human Resource Agency

931-528-1127

Food, Shelter, Transportation, Energy Assistance,
Employment & Counseling

Empower Upper Cumberland 833-367-9782

UC Relative Caregiver Program 931-432-4111

Tennessee Tobacco Quitline

1-800-QUIT-NOW(784-8669)

www.tnquitline.com

TENNCARE

1-800-342-3145

Blue Care 1 800-468-9698

United Health Care 1-800-690-1606

Amerigroup 1-800-600-4441

TN Care Select 1-800-263-5479

Tennessee Health Connection

For TennCare ,CoverKids,Medicare Savings Programs

1-855-259-0701

Veterans Services Putnam Co. 931-526-2432

Veterans Crisis Line 800-273-8255 (press 1)

Social Security Administration

Cookeville Office 1-888-717-1528

1-800-772-1213

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