

Health Services Offered:

- Baby and Me Tobacco Free
- Breast & Cervical Cancer Screening
- Breastfeeding Peer Counselor
- Certified Birth & Death Certificates
- Certified Lactation Counselor
- Children's Special Services
- CHANT-Community Health & Navigation in Tennessee
- Communicable Disease Testing
- COVID Testing & Vaccine
- Dental Services/referral
- Diabetic Collaborative
- Emergency Preparedness
- Environmental Health
- Family Planning
- Flu & Pneumonia Vaccine
- Health Education
- Health Insurance Marketplace Outreach & Enrollment
- Health Promotion
- Health Statistics
- HIV & AIDS Testing & Counseling
- Immunizations
- Lead Screening
- Newborn Genetic Screening
- Nutrition Services
- Paternity Acknowledgement
- Pregnancy Testing
- Primary Care
- School Physicals
- Sexually Transmitted Disease Testing & Treatment
- SIDS-Sudden Infant Death Support
- TB Testing and Treatment
- TennCare Presumptive
- Voter Registration
- TNWIC Supplemental Food Program

CHANT

(Community Health Access and Navigation in Tennessee)

Identify and Address Risk Factors by providing Care Coordination for Target populations-

- ◆ Pregnant & Postpartum adolescents & women
- ◆ All children under 5 years of age
- ◆ TennCare Kids Eligible (Birth – 20 Years of age)
- ◆ Children and Youth with Special Healthcare Needs (Birth-21 years)

Family Planning

Women and men's health exams, birth control & sterilization program.

Immunizations

Provide childhood and recommended adult immunizations.

Tennessee Breast & Cervical Cancer

Assistance provided to women based on income for diagnosis of breast and/or cervical cancer.

TNWIC—Tennessee WIC Women, Infant, Child

A supplemental nutritional program for pregnant, breastfeeding, and postpartum women, infant and children up to five years.

For breastfeeding support, Certified Lactation Counselors are on staff from 8 am-4:30 pm Monday-Friday 931-484-6196

<https://www.wichealth.org/>

WIC participants' resource for healthy eating and nutrition education

Primary Care Fees are income based with a \$5.00 min

This institution is an equal opportunity provider.



Community Resource List

**Cumberland County Health Department/
Community Health Center**

Office Hours:
Monday – Friday
8:00 am - 4:30 pm

Our Mission:
To protect, promote and improve the health and prosperity of people in Tennessee.

1503 South Main Street
Crossville, TN 38555
Phone
(931)484-6196

Fax
(931)456-1047
Or
(931)707-2555

Food/Clothing/Resources

Good Samaritans 931-484-3225
United Fund of Crossville 931-484-4082
House of Hope 931-707-2273
Crab Orchard Care Center 931-707-5616
Plateau Pregnancy Services 931-200-7022

Housing/Shelter

Crossville Housing Authority 931-484-2990
Habitat for Humanity 931-484-4565
Bread of Life-Mission 931-707-0503
Cookeville Rescue Mission 931-528-5819

Department of Human Services

931-484-2573

www.tn.gov/humanservices.html

Family Assistance (Families First-TANF)
Licensed Day Care Listing
SNAP (Formerly Food Stamps)
Adult Protective Services

TN Dept of Children's Services

931-459-6600

Child Abuse & Neglect Hotline 877-237-0004

Domestic Violence & Sexual Assault

Avalon Center 800-641-3434 or 931-484-4642
Genesis House 800-707-5197
National Domestic Violence Hotline
1-800-799-7233
Human Trafficking Hotline 888-373-7888

Education/Head Start

Cumberland County Board of Ed 931-484-6135
Adult Education 931-484-5446
Crossville Head Start 931-484-4114
Home Away From Home 931-484-3238
Pinewood Head Start 931-787-1012
TN Early Intervention 800-852-7157

Fire Departments & Law Enforcement

County Fire Department 931-484-9119
City Fire Department 931-484-7571
County Sheriff's Department 931-484-6176
Crossville Police Department 931-484-7231

Breastfeeding Assistance/Counseling

Tennessee Breastfeeding Hotline
1-855-4BF-MOMS (855-423-6667)
Staffed by International Board Certified Lactation
Consultants (IBCLC)
Available 24/7

For breastfeeding support, Certified Lactation Counselors are
on staff at the Health Dept. from 8:00am-4:30pm
Monday-Friday
931-484-6196

Upper Cumberland Human Resource Agency

931-456-0691

Food (Commodities), Shelter, Transportation,
Energy Assistance, Employment & Counseling
UC Relative Caregiver Program 931-432-4111
Empower Upper Cumberland 833-367-9782

Important Phone Numbers

Animal Control (Small Animal Complaints) 931-456-9873
Adult Protection Services (APS) 877-873-5465
Child Support Services 800-838-6911
Department of Motor Vehicles (DMV) 931-484-6442
Emergency Management 931-484-7016
Family Assistance Service Center 866-311-4287
Food Stamp Hotline 800-342-1784
Tennessee Ground Protection Office (Perk) 931-484-8025
Tennessee Poison Center 800-222-1222
Social Security (Cookeville Office) 888-717-1528
Veterans Administration 800-827-1000
Veterans Affairs Service Office 931-456-0090

Directory of state-operated & state-funded
services for children and families
www.kidcentral.com/



Mental Health/Substance Abuse

Volunteer Behavioral Health

Crisis Line 800-704-2651
Appointment Line 877-567-6051
Cumberland Co. Drug Alliance (TAD) 931-456-2859
Alcoholics Anonymous 800-559-2252
P.R.E.P.S. Center 931-456-4727
Senior Perspectives 931-484-4055
Suicide Prevention 800-273-TALK (8255)
Tennessee REDLINE 800-889-9789

FindHelpNowTN.org

Mental Health Cooperative 866-816-0433
Adult & Teen Challenge of the Upper Cumberland
888-688-0470
Crossville Mission Bible Training Center
931-484-9935
Cumberland Plateau Recovery (CPR)
931-456-7551

Medical Services

Cumberland Medical Center 931-484-9511
Cumberland County EMS 931-484-1044

Employment

Career Center 931-484-7456
Vocational Rehab 931-707-7666/833-751-0597

TN Labor & Workforce

(844) 224-5818

<https://www.tn.gov/workforce.html>

TENNCARE

Transportation

Blue Care 800-468-9698 / 866-473-7565
United Health Care 800-690-1606 / 866-416-9209
Amerigroup 800-600-4441 / 866-680-0633
TN Care Select 800-263-5479 / 866-473-7565

TennCare Connect for TennCare, Cover Kids &
Medicare Savings Plans
855-259-0701 tenncareconnect.tn.gov

Tennessee Tobacco Quitline

1-800-QUIT-NOW(784-8669)
www.tnquitline.com
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