



UC Volunteer News

UC Regional Health Office
1100 England Drive
Cookeville, TN 38501

Upper Cumberland Tennessee Regional
Medical Reserve Corps

Contact Dawn Hickey, MRC Coordinator, at (931) 520-4208 or by email at Dawn.Hickey@tn.gov with any questions or with any changes to your contact information including phone number, email address, or mailing address.

January 2021

COVID-19

Testing

The Upper Cumberland health departments are continuing to offer free COVID testing. Health department testing will be conducted on Tuesdays and Thursdays of each week. Self-testing will be available at the health departments Monday, Wednesday and Fridays of each week. Please visit the Department of Health's website to finding testing times and places at <https://covid19.tn.gov/testing-sites/>.

Vaccine

Vaccine has arrived in Tennessee. Vaccine supply is limited and therefore it is being prioritized by phases. Vaccine phases for each county, vaccine reporting dashboard, vaccine Facts vs. Fiction and frequently asked questions may be found of the Department of Health's website at <https://covid19.tn.gov/covid-19-vaccines/>.

Please continue to protect yourself and your loved ones by staying at least 6 feet away from others, wearing a face covering, avoiding contact with people who are sick, washing your hands often with soap and water or using hand sanitizer if soap and water are not available.

2021 MRC Training Schedule

Introduction to Mental Health Preparedness

Volunteers still needing the classes will be notified by email.

Tuesday, February 23, 2021

11:00 a.m. to 12:00 p.m.

MRC Virtual Lunch and Learn

Tuesday, March 16, 2021

11:00 a.m. to 12:00 p.m.

If you would like to participate in the Mental Health Preparedness class or the virtual Lunch and Learn please email Dawn.Hickey@tn.gov.

MRC Volunteer Identification Card

It is time once again for volunteers to receive their MRC Volunteer Identification Card with the expiration date of 2022. If you are receiving this newsletter through the mail your card is enclosed. All volunteers that receive the newsletter via email will receive your card through the mail during the month of January. This identification card allows volunteers through security during a public health event where the MRC has been deployed. It is important for volunteers to not self-deploy during an event. Volunteers will be notified by the Tennessee Volunteer Mobilizer Alerting System of any request for assistance from the MRC unit. Only pre-identified, documented volunteers with a current MRC Volunteer Identification who have been asked to report for duty by the MRC Coordinator will be allowed through security. This identification is only to be used to gain entrance to the work site. Once a volunteer has been deployed and reported to the requested work site, each volunteer will receive an official MRC Identification Badge to be used throughout their deployment.

Medical Reserve Corps 2020 Year in Review

National Program Review as of November 2020:

- 787 Total Units Across the Nation
- 193,731 Registered Volunteers Across the Nation
- 13,324 Activities Reported (5,711 emergency activities)

Upper Cumberland Unit Review:

- 1,543 Total Registered Volunteers
- 929 Non-Medical Volunteers
- 614 Medical Volunteers
- 82 Volunteers Trained in Incident Command
- 74 Volunteers Trained in Mental Health Preparedness

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